

# CENTER COURT CONNECTION

*'The mark of a great sportsman is not how good they are at their best, but how good they are at their worst.'*

Martina Navratilova



## CONGRATULATIONS!

### Summer USTA Teams

Congratulations to the following Women's teams that advanced to District Playoffs this summer: (Garson) 3.0, (Butler) 3.5, (Maleski) 4.0, (Dixon) 6.0 and 7.0 Combo.

### USTA Midwest District Champions

Congratulations to Brooke Garson and her undefeated 18 & over 3.0 Women's Team! (2nd Place in States)

### Akron Open

3.5 CHAMPIONS! Sriram Krishnan & Srinivas Peruri

Ala & Venkat Arakoni, 3.5 Doubles Finalists. Ala Arakoni & Melissa Meisenbach, 3.0 Finalists. Abhijit Borowake & Suhas Londhe, 3.0 Finalists.

### Junior Players

Congratulations to all of our U10 and U18 players who have competed in USTA tournaments! We are so proud of your hard work and achievements.

## FALL LEAGUES

Thank you to our Fall Captains!  
Best of luck to everyone!

FUSION: Dixon: 6.0 & 7.0, Lombardo: 6.0  
COMBO: Grosescu, 5.5; Wotawa, 5.5;  
Ganim, 6.5; Garson, 6.5; Horgan, 7.5;  
Cugliari, 8.5

## SINGLES LEAGUE!

All Levels! Players schedule match times.  
Begins September 2023. \$10 League fee  
+ standard court rate. Text Vicky to  
register 216-632-3087.



center court tennis club  
centercourttennisclub

## NEW THIS FALL

**Men's Doubles League (3.0-4.0)** Tuesdays,  
8:00-9:30pm. 9/12—12/12

**Group Fitness Classes** Bojana is adding 3 group fitness classes: **Full Body Circuit, Core Class and Balance & Stability Class**. All are available for 10 week sessions. Drop-ins are welcome! Session 1 begins 9/11. For additional info, visit [www.centercourttennisclub.com](http://www.centercourttennisclub.com) or see the flyer at the front desk.

## INTERNSHIPS

Thank you to our interns!

**John Eckert:** John's responsibilities as a high school intern included coaching tennis clinics, racquet stringing, creating social media content and helping anywhere necessary! He did an awesome job and we wish him well on his freshman year at Southeastern University, where he will study Kinesiology and Exercise Science.

**Sammy Kuczynski:** Sammy worked with THRIVE Through Tennis Foundation and the CCTC team. Sammy's THRIVE responsibilities included planning and coordinating the non-profit's involvement and sponsorship of Tennis In The Land, including creating all marketing materials. Her CCTC responsibilities included assisting both the coaching and management teams with various projects. She did a great job! We wish her a successful junior year at JCU!

High School Seniors or college students who are interested in an internship, please email [info@centercourttennisclub.com](mailto:info@centercourttennisclub.com)

## COURT SWEEPER—now hiring

We are looking for a responsible person to spend about 1 hour, 2 to 3 times per week to use the court sweeper to clean the courts. Schedule is flexible, but must be before or after club hours. If you are interested, please email [nancy@centercourttennisclub.com](mailto:nancy@centercourttennisclub.com)

## IMPORTANT DATES:

### Junior Tennis Clinics

8/30-10/21

10/23-12/16

### CYO Tennis

9/12-10/7

1/6-2/3

### Men's Doubles League

9/12-12/12

### Adult Fitness Session

9/11-11/20

11/20-1/29

### THRIVE THROUGH TENNIS FOUNDATION

Adaptive Tennis 9/9

Homeschool Tennis 8/31

Parkinson's Tennis 9/8

Visit [www.thrivetennis.org](http://www.thrivetennis.org) for current schedule

For more details or to register for programs, please visit our website:

[www.centercourttennisclub.com](http://www.centercourttennisclub.com)

or call 440-838-5600

# FALL / WINTER 2023

## JUNIOR TENNIS SESSIONS

Session 1: August 30-October 21  
Session 2: October 23-December 16

## NEW THIS FALL

**YELLOW BALL CURRICULUM** We are excited to announce our new Yellow Ball format. The new format will enable players to develop the essential skills for becoming successful tennis players and well-rounded athletes. In each class, players will participate in:

- **TENNIS SKILLS AND DRILLS:** to develop technical and tactical elements of the game
- **SPEED, AGILITY AND MOVEMENT TRAINING:** to develop coordination, balance and footwork skills
- **STRENGTH AND CONDITIONING:** to improve strength and endurance, while preventing and reducing injuries
- **MENTAL SKILLS AND DRILLS:** to gain the mental advantage, maintaining focus, coping with pressure and developing a positive approach to competition.

**HIGH PERFORMANCE CLASS** New class for intermediate/advanced 12 and under students. Players improve skills in a live ball format. Players rally and play competitive games and matches. Students must participate in USTA competition and match play. Pro-Admit.

## JUNIOR FITNESS

30 minute training for Rookies and High Performance students. 8 weeks of sessions immediately follow tennis clinics. \$15/class. Register online or contact Bojana for more info 440-915-4316

## CYO TENNIS

Fall 2023 : 9/9—10/7;  
Winter 2024: 1/6—2/3; 3/2—3/30  
Grades 1-8. Saturdays, 12:00-1:00PM & 2:00-3:30PM. Visit Catholic Diocese of Cleveland to learn more and to register.

## MATCH PLAY for Junior Players

Events for beginner through advanced levels. Matches are essential for students to learn and practice rally skills, tennis rules and scoring. Coaches are on court to assist players. Students enrolled in Junior Clinics must participate in 2+ matches to advance to next level. For more info on U12, text Bojana 440-915-4316, for 13+ yrs, text Krzysztof 216-280-2790.

Please see club bulletin board for event dates.

## BALL MACHINE

No hitting partner? No problem! Practice with the ball machine! Download the 'Drill Maker' app. \$15 per hour + court fees \$10 per half hour + court fees.

## CCTC APP

Download the Center Court Tennis Club app to view court availability, make court reservations and register for drills.



## THRIVE THROUGH TENNIS



CCTC is proud to be the home court of the non-profit organization, Thrive Through Tennis Foundation. Thrive's mission is to use tennis to positively impact the health and wellness of all individuals in our community, regardless of ability.

**Thank you!** Thank you to CCTC members and friends who supported THRIVE by purchasing Tennis In The Land tickets through our special link!

**Volunteer opportunities** Please consider volunteering for any of our programs:

**ADAPTIVE & WHEELCHAIR TENNIS**  
**PARKINSON'S TENNIS AND FITNESS**  
**HOMESCHOOL TENNIS ACADEMY**

For more info on any of these programs, visit [www.thrivetennis.org](http://www.thrivetennis.org), or call 440-838-5600

## JUNIOR SCHEDULE

Mon	<ul style="list-style-type: none"> <li>• RED 5:00-6:00PM</li> <li>• ORANGE 5:00-6:00PM</li> <li>• GREEN 4:30-6:00PM</li> <li>• ROOKIES 4:30-6:00PM</li> <li>• HIGH PERFORMANCE 4:30-6:00PM</li> </ul>
Tues	<ul style="list-style-type: none"> <li>• JR TENNIS 101 4:30-6:00PM</li> <li>• JR TENNIS 201 4:30-6:00PM</li> <li>• VARSITY BOUND 4:30-6:00PM</li> <li>• TOURNAMENT TOUGH 4:30-6:00PM</li> </ul>
Wed	<ul style="list-style-type: none"> <li>• RED 5:00-6:00PM</li> <li>• ORANGE 5:00-6:00PM</li> <li>• GREEN 4:30-6:00PM</li> <li>• ROOKIES 4:30-6:00PM</li> <li>• HIGH PERFORMANCE 4:30-6:00PM</li> </ul>
Thurs	<ul style="list-style-type: none"> <li>• JR TENNIS 101 4:30-6:00PM</li> <li>• JR TENNIS 201 4:30-6:00PM</li> <li>• VARSITY BOUND 4:30-6:00PM</li> <li>• TOURNAMENT TOUGH 4:30-6:00PM</li> </ul>
Sat	<ul style="list-style-type: none"> <li>• LITTLE SPARKLERS 9:00-9:30AM</li> <li>• RED 9:30-10:30AM</li> <li>• ORANGE 9:30-10:30AM</li> <li>• GREEN 10:30-11:30AM</li> <li>• HIGH PERFORMANCE 10:30-11:30AM</li> <li>• JUNIOR TENNIS 201 10:30-12:00PM</li> <li>• VARSITY BOUND 10:30-12:00PM</li> </ul>

## ADULT SCHEDULE

### START/RESTART:

Sunday 12:30-2:00PM

### 2.5-3.0 ADULT/CO-ED

Thursday 9:00-10:30am

Saturday 9:00-10:30am

### 3.0-3.5 ADULT/CO-ED

Wednesday 9:00-10:30AM

Saturday 10:30-12:00PM

### CARDIO TENNIS

Tuesday 8:00-9:00AM

### 3.0-4.0 MEN'S DRILL

Monday 7:30-9:00PM

### PICKLEBALL

Details coming soon!

## CLUB POLICIES

**CANCELLATIONS:** All court reservations, private lessons, group lessons and clinics require 24 notice for cancellation. Members may be responsible for charges if less than 24 hour notice is given.

**TENNIS ATTIRE:** All members and guests should wear athletic clothing and tennis shoes with non-marking soles on the courts.

**FOOD & DRINKS:** Only water is permitted on court. **PETS:** Pets are not permitted in any area of Center Court.