



## IMPORTANT DATES:

- JR SPRING CLINICS

4/15—6/1

- JR SUMMER CLINICS

Begins June 10

- CLOTHING SWAP

4/19 and 4/20

- CLEVELAND CHALLENGE

4/19 & 4/21

4/26 & 4/28

- SUMMER USTA

begins May

- ELITES

6/10-7/26

### THRIVE THROUGH TENNIS FOUNDATION

- Adaptive Tennis
- Wheelchair Tennis and Pickleball
- Parkinson's Tennis and Fitness
- Homeschool Tennis Academy

Visit [www.thrivetennis.org](http://www.thrivetennis.org) for current schedule

For more details or to register for a programs, please visit our website:

[www.centercourttenniscub.com](http://www.centercourttenniscub.com)

or call 440-838-5600

Spring 2024

# CENTER COURT CONNECTION

*"Sportsmanship for me is when a guy walks off the court and you really can't tell whether he won or lost, when he carries himself with pride either way" Jim Courier*



## ELITES 2024

Our live ball program is back for Summer 2024! Adult and Junior players of all levels will benefit from Elite Hitting Sessions! Players are paired with a teaching pro, collegiate player or another highly ranked player for an intense one-to-one hitting session.

June 10—July 26

Monday, Tuesday, Wednesday, Thursday

1 hour sessions: 1pm, 2pm, 3pm, 4pm

\$50 per 1 hour session

Early Registration: April 10 for past participants only

Open registration: April 24

For questions, please contact Mary @ 440-838-5600

## CLEVELAND CHALLENGE

The Challenge is on! CCTC will battle area tennis clubs in this annual event! Center Court will enter Men's and Women's doubles teams from levels 2.5—9.0. The Challenge will be held April 19 & 21 and April 26 & 28. We are excited to host the first night! If you are interested in competing, stay tuned...more details will be available soon!

## USTA SUMMER LEAGUES

Men's, Women's and Mixed leagues (levels 2.5+) begin this May. Please contact USTA Adult Coordinator, Joe Horvath if you are interested in joining a team. [cctc.joe@gmail.com](mailto:cctc.joe@gmail.com)

## CONGRATULATIONS!

The Women's 5.5 Combo team earned the State Championship title! The team, captained by Iuliana Grosescu and Amalia Stoica will compete 3/15 and 3/16 in Indianapolis in the Midwest Championship match. Good Luck and Safe Travels!



center court tennis club  
[centercourttenniscub.com](http://centercourttenniscub.com)

## CENTER COURT FITNESS

### Get to know Bojana!

Bojana (Bo-yahna) grew up in the small Serbian town of Paracin. By her teens, she had already accomplished her goal of winning a National Basketball Team Championship. She pursued her passion for basketball by joining the NCAA Division 1 basketball team at Youngstown State, where she earned a degree in Sociology. In 2011, Bojana became a Certified Personal Trainer and began her career as an exercise specialist. Along the way, she has also become a USPTA Certified Tennis Instructor and a Parkinson's Wellness and Recovery Specialist.

When Bojana isn't working, she loves cooking healthy meals for her family, planning family road trips and playing acoustic guitar.

As a busy mom and career woman, Bojana knows better than anyone that it's never too late to get in the best shape of your life! After 3 pregnancies and 3 years of fighting chronic pain from fibromyalgia, she's never been more fit!

Her client Jennifer, says "Bojana is very personable. She provides workouts geared towards your specific needs and supports your goals". Find out for yourself! *Schedule a FREE 45 minute consultation to discuss your fitness goals and receive a fitness assessment.* 440-915-4316

## TENNIS CLOTHING SWAP (mens, womens & childrens)

April 19 & 20. Spring clean and support a good cause! Bring in your gently used clothing April 8-15. You don't need to donate items to "shop" for something new to you! Clothing that isn't swapped will be donated to a charitable organization (please let us know if you know of an organization that supports sports in underserved areas). Collection bin location tba.



## **SOLAR ECLIPSE—Get your glasses here!**

Cleveland is in the path of totality and will experience nearly four minutes of darkness on April 8. To safely see the eclipse, you must wear special glasses. CCTC member, Michelle Nelson, has generously donated glasses that will be available at the front desk on a first come, first served basis, beginning March 16. Thank you Michelle!!

## **INTERCLUB PICKLEBALL**

Long awaited—Interclub Pickleball is here! CCTC will join Towpath, Paramount Medina and Green for a 6 week session beginning March 15. Please contact Joe at [cctc.joe@gmail.com](mailto:cctc.joe@gmail.com) to learn more!

## **SAFETY NEWS – AED**

Please note that there is an Automatic External Defibrillator on the wall beside Court 1.

## **CCTC Spotlight Wall & Social Media**

We love to celebrate our members accomplishments! If you attend an event and have photos to share, please text them along with details, including event name, location and date to Vicky at 216-632-3087.

## **SPECIAL OLYMPICS**

THRiVE Through Tennis is proud to announce that it has joined Special Olympics Ohio! THRiVE athletes are training to compete in the Summer Games. If you would like more information on how you can support THRiVE, by volunteering or making an individual or corporate donation, please contact Mary at 440-838-5600.

### **THRiVE Through Tennis Foundation**

#### **@ Center Court Tennis Club**

Offering tennis programs that positively impact the health and wellness of individuals in our community.

Visit [www.thrivetennis.org](http://www.thrivetennis.org) to learn more about these programs!



**ADAPTIVE TENNIS**  
**WHEELCHAIR TENNIS**  
**PARKINSON'S TENNIS AND FITNESS**  
**HOMESCHOOL TENNIS ACADEMY**

## **SPRING JUNIOR CLINICS**

April 15-June 1

Space is limited. All students must pre-register and pre-pay for the session.

Registration for current students opens March 16.  
Open registration begins March 23.

## **SUMMER JUNIOR CLINICS**

Classes begin June 10, Monday—Thursday & Saturday mornings. Complete schedule will be available at [www.centercourttennisclub.com](http://www.centercourttennisclub.com) April 1, 2024.

## **BALL MACHINE—Tennis & Pickleball**

Improve your technique and endurance by practicing with a ball machine!

Tennis: Members \$15/hour + court fees. \$10 half-hour + court fees.

## **IMPORTANT GUIDELINES**

### **For Tennis & Pickleball players**

Everyone has a more enjoyable experience on court when court etiquette is practiced.

Please remember the following when playing tennis and pickleball.

- Do not go onto the courts before your scheduled reservation. Please remain in the lobby.
- When entering or exiting the courts, walk behind the dark green curtains to avoid disruptions to matches and lessons.
- Promptly leave the court at the end of your scheduled time.
- Pickleball players, please allow enough time to move your net off court, so as not to delay the next reservation.

Thank you for your cooperation!



# JUNIOR SCHEDULE

WINTER/SPRING 2024

MONDAY	<ul style="list-style-type: none"> <li>• GREEN 4:30-6:00pm</li> <li>• ROOKIES 4:30-6:00pm</li> <li>• HIGH PERFORMANCE 4:30-6:00pm</li> <li>• RED 5:00-6:00pm</li> <li>• ORANGE 5:00-6:00pm</li> </ul>
TUESDAY	<ul style="list-style-type: none"> <li>• JR TENNIS 101 4:30-6:00pm</li> <li>• JR TENNIS 201 4:30-6:00pm</li> <li>• VARSITY BOUND 4:30-6:00pm</li> <li>• TOURNAMENT TOUGH 4:30-6:00pm</li> </ul>
WEDNESDAY	<ul style="list-style-type: none"> <li>• GREEN 4:30-6:00 pm</li> <li>• ROOKIES 4:30-6:00p</li> <li>• HIGH PERFORMANCE 4:30-6:00pm</li> <li>• RED 5:00-6:00pm</li> <li>• ORANGE 5:00-6:00pm</li> </ul>
THURSDAY	<ul style="list-style-type: none"> <li>• JR TENNIS 101 4:30-6:00pm</li> <li>• JR TENNIS 201 4:30-6:00pm</li> <li>• VARSITY BOUND 4:30-6:00pm</li> <li>• TOURNAMENT TOUGH 4:30-6:00pm</li> </ul>
SATURDAY	<ul style="list-style-type: none"> <li>• LITTLE SPARKLERS 9:00-9:30am</li> <li>• RED 9:30-10:30am</li> <li>• ORANGE 9:30-10:30am</li> <li>• GREEN 10:30-12:00pm</li> <li>• JR TENNIS 201 10:30-12:00pm</li> <li>• VARSITY BOUND 10:30-12:00pm</li> </ul>
JUNIOR TRAINING & FITNESS	<p>Fitness and Training designed specifically for young athletes. Group classes incorporate body weight exercises, stability ball and other equipment to develop and strengthen muscles and improve flexibility. Classes are open to all yellow ball students.</p> <p>6:00-6:30pm Mon—Thurs \$15/class * private and small group instruction are also available</p>

# ADULT SCHEDULE

WINTER/SPRING 2024

2.5-3.0 OPEN DRILL	Saturdays 9:00am Thursdays 12:00pm
3.0-3.5 OPEN DRILL	Wednesdays 9:00am Saturdays 10:30am
3.0-3.5 MENS DRILL	Mondays 7:30pm
SINGLES DRILL	Wednesdays 12:00pm
CARDIO TENNIS	Tuesdays 8:00am
START-RESTART	Thursdays 12:00pm Sundays 12:30pm
<b>PICKLEBALL OPEN PLAY</b>	<b>Mondays 2:00pm Fridays 2:00pm</b>
<b>PICKLEBALL COMPETITIVE PLAY</b>	<b>Mondays 7:30am Wednesdays 7:30am Saturdays 7:30am</b>
<b>PICKLEBALL START-RESTART</b>	<b>Saturdays 7:30am</b>