

## IMPORTANT DATES:

- **USTA**

May 10– July 24

Playoffs: August 5-7

- **JR TOURNAMENTS:**

May 15: Green Dot

May 22: Teen 201/VB

May 22: Orange Ball

- **JUNIOR CLINICS:**

Session 1: June 4-July 1

Session 2: July 5-Aug 13

- **ELITES:**

Weeks of June 13, 20, 27

July 5, 11, 18, 25

- **JUNIOR TOURNAMENT TENNIS (JTT)**

July 8-10: Grand Slam

Tournament

- **THRIVE THROUGH TENNIS FOUNDATION:**

Visit [www.thrivetennis.org](http://www.thrivetennis.org)

For scheduling info

To register for programs, visit our website:

[www.centercourttennisclub.com](http://www.centercourttennisclub.com)

or call 440-838-5600

May 2022

# CENTER COURT CONNECTION

*...one important key to success is self-confidence. An important key to self confidence is preparation. Arthur Ashe*

## FACILITY IMPROVEMENTS

CCTC's latest facility improvement project is complete! In addition to resurfacing all 5 courts, this phase has included the installation of new backdrop curtains, court divider curtains, fresh paint and 2 new nets.

To maintain the new courts, please remember:

**FOOD/DRINKS:** food, gum, coffee and sweetened drinks are not permitted. Water should be in a closed container with a lid.

**SHOES:** shoes with non-marking soles should be worn on the court.

## CONGRATULATIONS!

Nancy Sobecks has received the USPTA Midwest Division National Star Award. The award recognizes USPTA Certified professionals that demonstrate exceptional dedication to growing and promoting the sport of tennis in their communities.

Congratulations on this well-deserved award!

## CLEVELAND CHALLENGE

Congratulations and thanks to all of the teams that represented Center Court in the Cleveland Challenge: Beth Wotawa, Amalia Stoica, Ala Arakoni, Melissa Meisenbach, Trina Galauner, Darcie Hansen, Mary Maleski, Maria Ganim, Kim Hodgkiss-Lilly, Sharon Horgan, Ragu Sundararaj, Srender Velsamy, Sriram Krishnan, Venkat Arakoni, James Lustre, Daniel Prihoda, Adam Slomski, Krzysztof Slomski, Denis Isaev and Yvonne Vann.

## WELCOME

Welcome to our new and returning members! We're looking forward to seeing you on the courts!

## ELITE PROGRAM

Adults and juniors of all levels return every summer to participate in these fun one-on-one live ball sessions. Players will continue to develop and improve their skills and endurance! Hit for 1 hour with a teaching pro, current or past collegiate tennis player or another highly ranked player.

1 hour sessions are available *Monday - Thursday at 1:00, 2:00, 3:00 and 4:00 pm.* \$40/hour.

*Sessions fill quickly! It is recommended that you schedule all sessions at the start of the season*

To register, email: [info@centercourttennisclub.com](mailto:info@centercourttennisclub.com)

## SUMMER USTA

The season kicks off the week of May 9. We are proud to host 14 teams this summer.

Best of luck! Thanks to Captains: Beth Wotawa, Rena Galeti, Melissa Becker, Jodi Geduldig, Dana Butler, Narayan Viswanathan, Sharon Horgan, Claudia Oates, Margaret VanDine, Deanne Dixon and Wade Hurley.

## RESERVE A COURT 24/7

Download the app today (Center Court Tennis Club). Members can view court availability, make court reservations (Book a Court) and register for drills (Events Calendar). Members must register on the website to use the app. You must confirm payment to secure your reservation.



## JUNIOR PROGRAMS

### SUMMER JUNIOR CLINICS

**SESSION 1:** June 4—July 1 (4 weeks)

**SESSION 2:** July 5—August 13 (6 weeks)

Register online at [www.centercourttennisclub.com](http://www.centercourttennisclub.com) or 440-838-5600

### ELITE PROGRAM

All juniors who are able to rally are invited to participate in this awesome one-on-one live ball program! Players will see an improvement in their skills, consistency and endurance. 1 hour sessions are available *Monday - Thursday at 1:00, 2:00, 3:00 and 4:00 pm.* \$40/hour. *Sessions fill quickly! It is recommended that you schedule all sessions at the start of the season*

To register, email: [info@centercourttennisclub](mailto:info@centercourttennisclub)

### JUNIOR TOURNAMENTS

#### **Orange Ball, Green Ball, Tennis 101 & 201, Varsity Bound**

These events provide an opportunity for young players to practice skills and learn about competition. Coaches are on court to assist players with scoring and rules. Tournaments are non-elimination. Call or text Bojana to learn more 440-915-4316

### JUNIOR MATCH PLAY

#### **Orange Ball & Green Ball**

Newer players practice skills and learn about match play in a round robin format. Players must be able to maintain a short rally, but serving is not required. Coaches are on court to assist players learn about match play. Call or text Bojana to learn more 440-915-4316

### JUNIOR TEAM TENNIS (JTT) GRAND SLAM TOURNAMENT

The **2022 NEO Grand Slam Tournament** will be held **July 8-10** at Western Reserve Academy. This tournament is for competitive players **8-18 years old**. Co-ed teams will compete in both singles and doubles. Team Registration deadline is June 15. For additional information, contact Coach Kris Slomski 216-280-2790

### FITNESS & TRAINING FOR JUNIOR PLAYERS

Designed to help young athletes prevent injuries and improve performance, these 30 minute sessions focus on full body flexibility, hip and shoulder mobility, strengthening and improving posture. Individual and small group sessions are available. For additional information or to schedule, call or text Bojana 440-915-4316

## May is NATIONAL TENNIS MONTH

*Immerse yourself in tennis on and off court*

### Podcasts

'Serve' is one of many tennis podcasts, but it's the only one created exclusively for adult recreational players by everyday tennis players. Topics include advice for beginners, rules of adult tennis, what adult recreational players wear and funny and crazy situations that happen on the

### Books

*Winning Ugly, Mental Warfare in Tennis* written by Brad Gilbert and Steve Jamison is a classic that every tennis player should own! The book is entertaining, easy-to-read and offers advice and tips that still feel up-to-date, even though the book was written in 1994. Topics that will help players of any level include preparation, focus, execution and situational adaptation.

### Movies

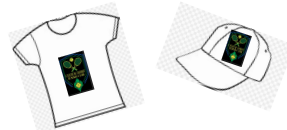
*King Richard: 2021.* The story of Richard Williams coaching daughters Venus and Serena.

*Battle of the Sexes: 2017.* Tells the story of the 1973 match between Billie Jean King and Bobby Riggs.

*Untold Breaking Point: 2021.* The story of Mardy Fish's battles with anxiety and mental health.

### CCTC PRO SHOP

t-shirts, caps,  
jackets and lots  
more!!!



*Follow Us*



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# CENTER COURT TENNIS CLUB

Celebrate the ultimate mind and body sport that sharpens your mind as it shapes your body

## DRILL SCHEDULE

**\*\* through 6/5/22**

### **START/RESTART:**

Tuesday 11:30-12:30pm

Sunday 12:30-2:00pm

### **WOMEN'S 2.5:**

Thursday 9-10:30am

### **ADULT/CO-ED 2.5/3.0:**

Saturday 9:30-11am

### **WOMEN'S 3.0/3.5:**

Saturday 8:00-9:30am

### **\*\* WOMEN'S 3.5: \*\***

Just added

Friday 9:00-10:30am

### **WOMEN'S 4.0:**

Wednesday 9:00-10:30am

### **SINGLES (all levels):**

Wednesday 11:30-1:00pm

**\*\* Summer Drill Schedule begins 6/6/22.**

check the website @  
[www.centercourttennisclub.com](http://www.centercourttennisclub.com)  
 for the summer schedule

## PICKLEBALL

Call to reserve your court. \$5/per person, per hour. If you are interested in playing weekly in an afternoon pickleball league, please contact Vicky 216-632-3087

## TENNIS SPECIFIC TRAINING

### **for Fitness, Strength and Weight Loss**

**Tennis Specific Training** focuses on core strengthening, flexibility and agility. 30 minutes.

**Stretching and Recovery** Stretching, foam rolling and gentle exercise help you recover more quickly. 30 minutes.

**Semi-Private Instruction** small group personal training. 45 minutes.

Call or text Bojana to schedule your session. 440-915-4316

## BALL MACHINE:

Practice without a partner! Easy to operate with an app you can download to your phone. \$15 per hour + court fees \$10 per half hour + court fees.

## ANNUAL MEMBERSHIP CHANGES:

All ADULT memberships will renew for 1 year beginning September, 2022. All current adult memberships renewing between October 2021 and August 2022 will be prorated. ex: Renewal due Jan 2022 will be charged for 8 months. On 9/1/2022, the annual membership rate will be due in full.

## CANCELLATION POLICY:

All court reservations, private and group lessons and clinics require 24 notice for cancellation. Members may be responsible for charges if less than 24 hour notice is given.

## THRIVE THROUGH TENNIS FOUNDATION



CCTC is proud to be the home court of the non-profit organization, Thrive Through Tennis Foundation. Thrive was created with the mission of utilizing the sport of tennis to positively impact the health and wellness of individuals in our community. **ADAPTIVE & WHEELCHAIR TENNIS** provide tennis instruction for adults and children with emotional, cognitive and physical challenges.

The **HOMESCHOOL TENNIS ACADEMY** offers weekday programming for families choosing non-traditional schooling. For more info on any of these programs, visit [www.thrivetennis.org](http://www.thrivetennis.org)

**VOLUNTEER OPPORTUNITIES:** Share your love! Adult and Teen Volunteer tennis buddies are needed. Knowledge of tennis is not necessary. All volunteers must become Safe Play Certified. For more info, or to become a volunteer buddy, contact Mary at 440-838-5600